



NEUROLOGY CONSULTANTS

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Electroencephalogram (EEG) Instructions **1-2 hour long appointment**

This is a painless, noninvasive procedure that is performed in our office.

Before your test please wash your hair, a clean, dry scalp is essential for a “clean” tracing.

If you have braided hair, it must be taken down, electrodes are placed on the scalp in specific places and braids could prevent correct placement.

Avoid stimulants like caffeine and non-prescribed drugs at least 24 hours before the test. Don't forget that coffee, tea, sodas and chocolates fall into that category.

You don't have to be sleep deprived, unless the doctor has instructed you to do so.

Your test will be performed on:

Date: _____ at _____

Please call the office if you are unable to come in on this scheduled time. Failure to notify the office within 24-hours will result in a “no-show” charge of \$100.00.

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